



## Facilitation Methods

### Who We Are

The Institute of Cultural Affairs (ICA) Nepal is a leading NGO for Human Development for the past 22 years. It is a part of a network of autonomous ICAs worldwide, working in more than 35 countries which has more than 50 years of experience of building human capacities through participation, training and facilitation activities and setting up community development programs. The ICA is concerned with the **Human Factor** in development, strengthening human capabilities in the public, NGO and private sector.

### What We Offer

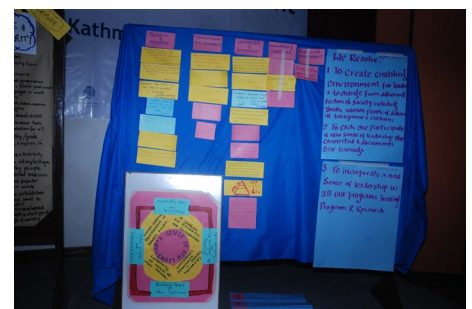
- Action Planning Process
- Team Building
- Theory of Change
- Focused Conversation Method
- Consensus Workshop Method
- Conflict Management and Peace Building
- Result Oriented Leadership and Management
- Participatory Strategic Planning
- Appreciative Inquiry and Action
- Emotional Intelligence
- Project Management
- Social Artistry

### The trainings can be customized as per the need and objectives of the organization

We have been providing training and facilitation services to NGOs, INGOs, government offices and business for many years. Facilitation services and in-house training courses are tailor-made to suit ICA Nepal's clients, and are given on the client's own premises.

### Technology of Participation

ICA's training approaches are unique which help in meeting the challenges of building leadership and organizational effectiveness through releasing individual potential. ICA has over 50 years, been developing a set of participatory methods called the Technology of Participation (ToP) which can be used in any group setting to create group solutions and facilitating strategic planning. Full participatory approach with a good mixture of adult learning principles will be adopted in the training.



ToP facilitation will help you increase group participation, get more ideas into the mix and make group decision making more effective. It will provide you with practical tools for designing and orchestrating meetings as well as conversations and workshops. ToP courses include valuable tools, contexts and guidelines that will deepen your capacities as a facilitative leader. You will be able to create lively and effective teamwork, build respect and trust and encourage group creativity. ToP facilitation will help you focus the group's energy on common goals, form consensus and build commitment.

## Trainer and Facilitators

ICA has a team of trained and dedicated trainers and mentors. ICA has already organized dozens of training courses throughout the country and has also facilitated in-house training and meeting for various organizations in Nepal and abroad.



**Dr. Tatwa P. Timsina** is a nationally and internationally renowned trainer and facilitator having more than 25 years of experience on developing people through training and facilitation. He is also the key trainer for leadership development programs developed by MSH/USAID.



**Mr. Hare Ram Bhattarai** has more than 25 years of experience in facilitation in the area of organizational development. He has facilitated in several countries in Asia and Africa. He also has managed national level leadership and management development projects in Nepal.



**Ms. Katrina Zavalney** is from San Francisco, CA, USA and consults with non-profits, business communities to become more efficient and effective in upholding their mission. She has a Masters in Organization Development and 15 years of experience in community development, facilitation, capacity building, strategic planning and sustainable event management.



**Mr. Yateen Gharat** is a certified International Facilitator and trainer from Mumbai, India. He has been facilitating groups to enable them to reach Desired Outcomes through Group Process Facilitation.



**Mr. Atma Ram Timsina** has more than 15 years of experience in training and facilitation. He has provided facilitation services to many government, non government organizations especially in community group facilitation and TOP methods.



**Mr. Amba Datta** has more than 15 years of experience in training and facilitation, leadership development and community mobilization. He has served many government, non government organizations in group facilitation, training and leadership capacity building.

## Arrange for an Appointment!

We would love to book an appointment with you to discuss your needs and how we can meet the concerned people and facilitate a service that will work for your organization! Please let us know a time that works for you.

## Contact us!

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