



# HIMALAYAN VOICE

Institute of Cultural Affairs (ICA) Nepal Monthly Newsletter

AUGUST, SEPTEMBER 2024 | ISSUE 2004

The Institute of Cultural Affairs (ICA) Nepal was established in early 1998 in Kathmandu, Nepal with its philosophy: 'every individual can bring change in his/her situation', ICA Nepal has continuously worked for human capacity development, and hence, has emerged as one of the leading organizations in training and facilitation in Nepal. ICA Nepal believes that no sustainable development or change is achieved without considering existing cultural dynamics and pluralities. Thus, it is dedicated to creating an environment, in which the opportunity for participation, and the building of sustainable change and development is foremost.

**“Leadership is Action, Not Position.**

**-Donald McGannon**





# Training & Facilitation

## Workshop on Training on Project Design, Proposal Writing, and Fundraising



The Institute of Cultural Affairs Nepal, in collaboration with Green Foundation Nepal, successfully concluded a 5-day intensive training program focused on essential topics such as proposal writing, project design, and fundraising from September (12 – 16) with expert guidance from professionals in these fields. During the training, participants engaged in deep discussions on how to secure support from international donor agencies, explore modern writing techniques and develop effective strategies for obtaining funding.

The sessions provided valuable knowledge, and participants praised the program for its practical impact, emphasizing the need for more opportunities like this in the future. The closing ceremony was attended by notable figures, including Bharti Pathak, a member of the Bagmati Province Assembly; Ghanshyam Pandey, President of Green Foundation; Professor Dr. Tatwa Prasad Timsina, a respected expert and trainer; and Ms. Ishu Subba, Executive Chair and co-facilitator of the program.







Their presence highlighted the importance of this training and its potential to strengthen the skills and accountability of professionals in the sector. The organizers are confident that the program will help develop capable and responsible individuals in proposal writing and fundraising. Held in the heart of Kathmandu, the event demonstrated both organizations' dedication to promoting excellence and innovation in these fields.

## Need Assessment in Quality Education and WASH in Siraha District

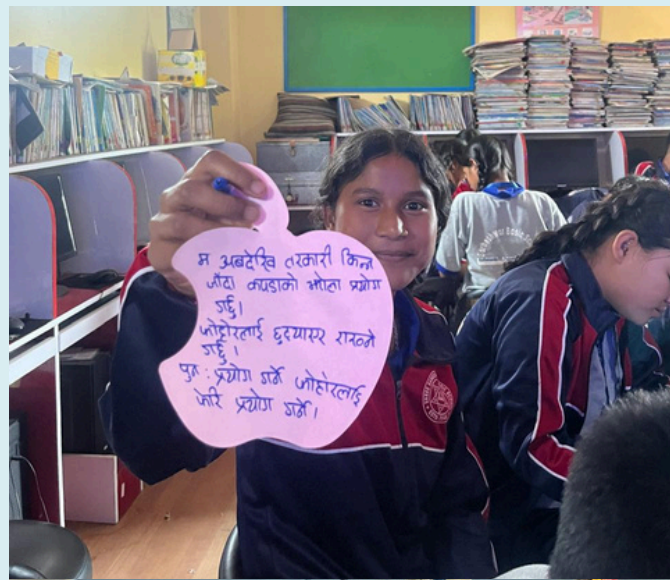
IICA Nepal conducted a need assessment in quality education and WASH in Bishnupur Rural Municipality and Golbazar Municipality in Siraha district. The main objective of need assessment is to identify the needs and problems of the local people regarding quality education and clean Water and Sanitation. This need assessment helps to find out the major problems of the local people of Golbazar Municipality and Bishnupur Rural Municipality of Siraha district in terms of improving Quality Education and WASH sectors.





## Awareness Raising Program on Plastic Pollution

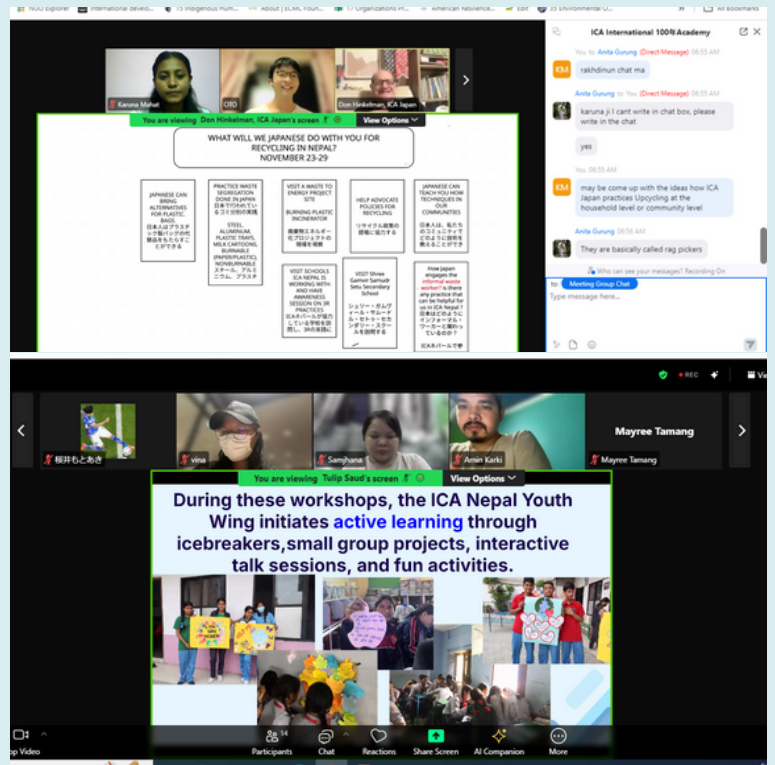
In August and September, the ICA Environment Team conducted a series of awareness programs in several public schools. The workshop was conducted for children from grades VII and VIII, and it dealt with making them aware of plastic's dangers and how it has a heavy influence on diseases and pollution. This program is one of the ongoing programs of the ICA Nepal environment team. The Environment Team made efforts to educate and inform the students about the different issues that plastic pollution causes and the harm that their daily actions related to plastic causes. The workshop was successful where students spoke about their ideas, and questions and interacted with the team with curiosity, the teachers and the students were grateful and excited about the workshop. They were eager to learn more and were joyful throughout the session conducted by the ICA Environment Team. For the future, the ICA Environment Team is planning a follow-up workshop at the school to assess the impact and effectiveness of the previous session. Additionally, the team will introduce and explain the "Green School Guideline," a set of standards established by the Nepali Government aimed at creating cleaner and healthier school environments.





## Japan to Nepal Study Tour 2024

ICA Nepal Youth Wing had a series of meetings with ICA Japan including Students of Japan planning for a student tour in Nepal 2024. From September, every Tuesday ICA Nepal Youth Wing and ICA Japan are having a meeting for the planning of the Nepal SDG Study Tour. The study tour is mainly focused on two SDGs: SDG 4, Quality Education, and SDG 6, Clean Water and Sanitation. They are eagerly waiting for the study tour and to explore the current status of the targeted Sustainable Development Goals i.e. Quality Education and Clean Water and Sanitation.



## Envisioning Nepal for a 21st-century

ICA Nepal, in collaboration with Imagine Nepal, has been organizing a Friday Talk Series featuring experts on the first Friday of each month. In September, a monthly talk series was conducted on “Insights of Prosperity: Experiences of the Writer” by inviting experienced speakers. The program consists of a series of information-sharing sessions and future-oriented dialogue discussions. This initiative further provides a platform among youths to promote and exchange INNOVATION and START-UP and get support for their upcoming projects.

# ENVISIONING NEPAL FOR THE 21ST CENTURY

## MONTHLY TALK SERIES



“Insights of Prosperity: Experiences of the Writer”

# समृद्धिको अन्तर्वस्तु

## लेखकका अनुभवहरु



Prof. Dr. Tatwa Pd. Timisina is a Professor of TU and a prolific writer on development and prosperity issues. He is also the Chairperson of Imagine Nepal

Date | Time: 20th September, 2024, Friday | 3:00- 5:00 PM,

Hybrid Model: ICA Nepal, Koteshwor, Kathmandu

Organised by: 

Contact us for Participation:

Tel: 015147215 | 9841883077 | 9741662342

ica.icanep@gmail.com | in.imaginenepal@gmail.com

Supported by: 

Zoom Id: 9841883077  
Passcode: ngofund







# Training Opportunities!

## Invitation for ICA Asia Pacific Regional Conference

Calling all professionals and enthusiasts in the Asia Pacific region! We are excited to announce the Asia Pacific Regional Conference, a must-attend on various themes. Interested people can participate or present their papers, abstracts, photo presentations, or case studies.

 Date: Nov 26, 27 and 28

 Location: Kathmandu, Nepal

### Conference Themes:

- Climate Emergency & Action
- Shared Prosperity & Community Transformation
- Social Discourse on Prosperity - Research & Action

Register Now: <https://forms.gle/BSUQDaWsrZi9By7UA>

Spaces are limited, so don't miss out!

### Contact Us:

Institute of Cultural Affairs (ICA) Nepal

Address: Kriti Marg (Near Balkumari Bridge) Koteshwor Kathmandu, Nepal.

Phone: 977-1-5147215, 9841883077

Email: [ica.icanep@gmail.com](mailto:ica.icanep@gmail.com)



**ICA-IN**  
**ASIA PACIFIC REGIONAL CONFERENCE (APRC) ON CLIMATE RESPONSE, INNOVATION & PROSPERITY**  
 26 to 28 Nov. 2024, Kathmandu, Nepal

The Institute of Cultural Affairs (ICA) Nepal and Imagine Nepal (IN) Invites I/NGOs, groups and individuals dedicated to the transformation of individuals and organisations to join ICA-IN Asia Pacific Regional Conference.

**Conference Themes**

1. Climate Emergency & Response
2. Meaningful Engagement for Happiness, Well-Being & Prosperity
3. Social Discourse & Innovations for Community Transformation

Contact Us For Registration

**ICA Nepal**  
 Koteshwor, Kathmandu, Nepal  
 P.O.Box 20771  
 Phone no: 977-1-5147215, 9841883077  
[ica.icanep@gmail.com](mailto:ica.icanep@gmail.com) | [subbalshu@gmail.com](mailto:subbalshu@gmail.com)

**Imagine Nepal**  
 Koteshwor, Kathmandu, Nepal  
 Phone no: 9841250200  
[in.imaginenepal@gmail.com](mailto:in.imaginenepal@gmail.com)



Join us to harness the power of appreciation, unlock potential, and drive meaningful change in your organization.

## Training on APPRECIATIVE LEADERSHIP DEVELOPMENT

Appreciative Leadership focuses on amplifying the strengths and positive contributions of individuals and teams, fostering a culture of gratitude, collaboration, and continuous improvement. Rooted in positive psychology and appreciative inquiry, this approach builds trust, engagement, and a shared vision, leading to enhanced performance and organizational resilience.

The Appreciative Leadership Training Program equips leaders with the skills to lead positively and purposefully. Participants will learn core principles, practical strategies, and how to create an inclusive work environment through interactive workshops, case studies, and hands-on exercises.

**Limited Seats Available!**

Location: Dees Boutique Hotel, Koteshwor, Kathmandu

977-1-5147215 / 9841883077 / 9841250200 | [ica.icanep@gmail.com](mailto:ica.icanep@gmail.com) / [in.imaginenepal@gmail.com](mailto:in.imaginenepal@gmail.com) | <https://ica-epal.com.np>



Elevate your client interactions and design capabilities and drive meaningful change within your organization.

## Training on Client Care & Design

23 & 24, November 2024

Client Care & Design is a comprehensive approach that combines exceptional client service with superior design practices. By integrating effective communication, empathy, and innovative design, this approach helps professionals build strong client relationships, anticipate needs, and exceed expectations.

**Learn & practice:**

- professional skills in client management and design
- core principles of client care, effective communication and strategies,
- innovative design practices for effective results

**Host Organizations:**  
 ICA Nepal is a leading institute working for human capacity building through training and facilitation for the last 26 years in Nepal. ICA Nepal is a part of a global network of ICAs working in 36 countries worldwide.

**Lawrence Philbrook,**  
 Facilitator, ICA Taiwan

- Certified ICA ToP Practitioner,
- Certified Professional Facilitators Emeritus (CPF E) by the International Association of Facilitators (IAF)
- More than 40 years of experience in facilitating businesses, corporates, companies, and non profits including UN agencies

**ICA NEPAL**  
 KOTESHWOR, KATHMANDU, NEPAL

01-5147215, 9841281714 | 9869664773 | [ica.icanep@gmail.com](mailto:ica.icanep@gmail.com) | <https://ica-nepal.com.np>



## Training on Innovative Leadership through Social Artistry

Build your leadership skills!

21 & 22 November, 2024

- develop a wide range of innate, but previously undiscovered innovative leadership capacities
- create innovative solutions to critical issues confronting workplaces, families, communities and societies
- formulate models of change that can be utilized in a broad range of social contexts and institutions

**Trainers/Facilitators:**

 Janet Sanders, PEOPLEnergy, Canada  
 Blaise Sands, Academy of the New Earth, USA  
 Evelyn Kurihara Philbrook, Institute of Cultural Affairs, Taiwan

ICA Nepal is a leading institute working for human capacity building through training and facilitation for the last 26 years in Nepal. ICA Nepal is a part of a global network of ICAs working in 36 countries worldwide.

Venue: Dees Boutique Hotel, Koteshwor, Kathmandu | A special discount is available for Nepali citizens

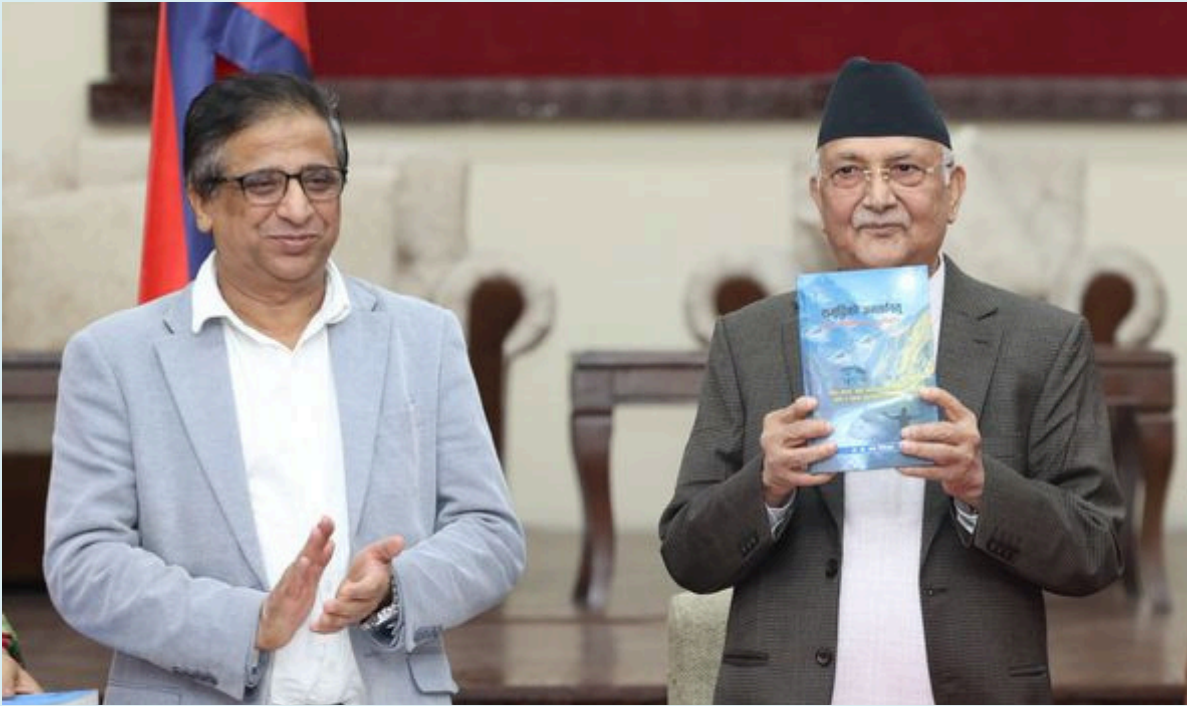
01-5147215, 9841281714 | 9869664773 | [ica.icanep@gmail.com](mailto:ica.icanep@gmail.com) | <https://ica-epal.com.np>



# Prosperity through human centred development and prosperity mindsets

Heartiest congratulations to Prof. Dr. Tatwa P. Timsina, Founding Chairperson of ICA Nepal, on the launch of his latest book, "Insights of Prosperity - Mind, Brain, and Mindsets"! We are deeply honored that the book was launched by none other than the Rt. Honorable Prime Minister, KP Sharma Oli, in a prestigious ceremony at Baluwatar, Kathmandu. In his address, Prime Minister Oli shared insightful remarks on the themes of prosperity and happiness, complementing the wisdom presented in Dr. Timsina's book. The book will soon be available in all 77 districts of Nepal and internationally! Stay tuned for updates on how you can get your copy.

**Note: You can contact the Institute of Cultural Affairs (ICA Nepal) to get the book.**



## Happy Bijaya Dashami 2081!

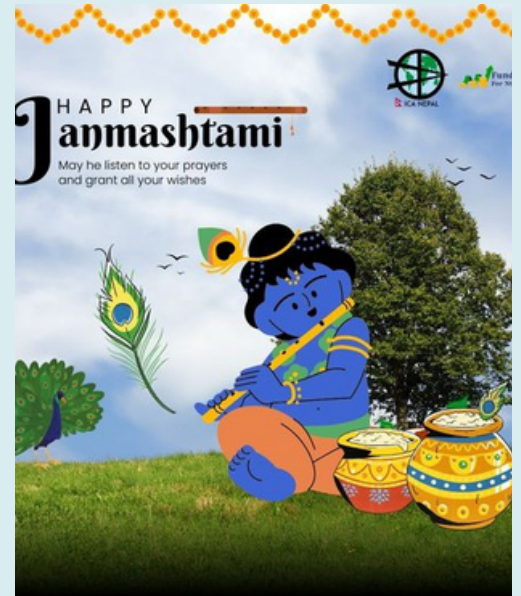
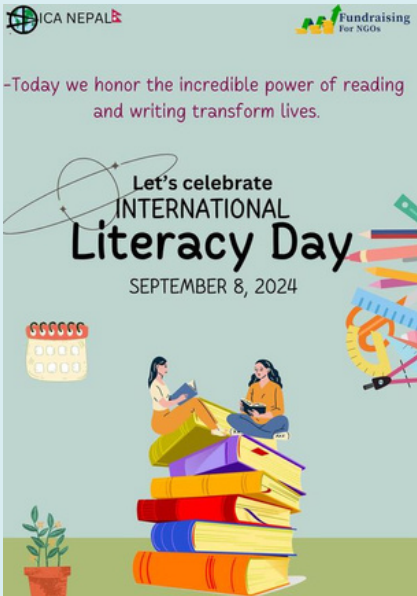
On the auspicious occasion of Dashain, we wish you a very Happy Bijaya Dashami 2081 to you and your loved ones. May this festivities bring you immense happiness and togetherness. ICA Nepal wishes you a Very Happy and Prosperous Bijaya Dashami 2081!



[www.ica-nepal.com.np](http://www.ica-nepal.com.np)



# ICA Nepal Activities in Pictorial Form



**Institute of Cultural Affairs (ICA) Nepal**  
Koteshwor- 32, Kathmandu Nepal  
Phone no: +977-01-5147215 | 9841883077  
P.O.BOX No. 20771  
ica.icanep@gmail.com  
www.ica-nepal.com.np



**Advisor**  
Prof. Dr. Tatwa P. Timsina  
Ms. Ishu Subba  
**Editorial Board**  
Ms. Karuna Mahat